

태극일장

TAEGEUK 1 - IL JANG

Keon - Heaven and Light..... The Beginning (Performed by Chris Pearson)



Begin
Junbi Stance



Low Block
Walking
Stance



Middle Punch
Walking
Stance



Low Block
Walking
Stance



Middle Punch
Walking
Stance



Low Block
Front Stance



Reverse
Punch
Front Stance



Middle Block
Walking
Stance



Reverse
Punch
Walking
Stance



Middle Block
Walking
Stance



Reverse
Punch
Walking
Stance



Low Block
Front Stance



Reverse
Punch
Front Stance



High Block
Walking
Stance



Front Kick



Middle Punch
Walking
Stance



High Block
Walking
Stance



Front Kick



Middle Punch
Walking
Stance



Low Block
Front Stance



Middle Punch
Front Stance



Finish
Junbi Stance