TAEGEUK 8 - PAL JANG

Gon - The earth..... Receptive of all Light (Performed by Kiraleigh Castleton)



Begin Junbi Stance



Double Block Back Stance



Reverse Punch Front Stance



Front Kick Jump Front Kick





Middle Block Reverse Punch Front Stance Front Stance Front Stance Front Stance



Middle Punch



Low/Outer Block Front Stance



Upset Punch Front Stance



Low/Outer Block Front Stance



Middle Punch

Upset Punch Front Stance



Knife Hand Block Back Stance



Reverse Punch Front Stance



Front Kick



Palm Heel Block Cat Stance



Knife Hand Block Cat Stance



Front Kick



Reverse Punch Front Stance



Palm Heel Block Cat Stance



Knife Hand Block Cat Stance



Front Kick



Reverse Punch Front Stance



Palm Heel Block Cat Stance



Double Low Block Back Stance



Front Kick



Jump Front Kick



Front Stance Front Stance



Middle Block Reverse Punch



Front Stance



Middle Punch Knifehand Block Elbow Strike Backfist Strike Front Punch Back Stance



Front Stance



Front Stance



Front Stance









Knifehand Block Elbow Strike Backfist Strike Front Punch Front Stance Front Stance Front Stance



Finish Junbi Stance